

NEWS RELEASE

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Mind's Eye Art Inspires: People with Mental Illness Display Outstanding Creative Talents

As U.S. News and World Report noted earlier this month, continuing research shows the ongoing benefits of creative expression for people with serious health concerns.

Cascadia Behavioral Healthcare--Oregon's largest community-based mental health and addictions treatment agency--will host our second annual fundraiser Journey Through The Mind's Eye, an exhibit and sale of eclectic visual art from July 7 – July 30 at ecoPDX, 2289 N Interstate, in Portland.

There will be about 100 pieces for sale during the month, with proceeds going to benefit the studio. Last year's event had an attendance of 150 and included prominent local politicians and gallery owners.

The show celebrates the clients' creations and will fund a community-based art studio for people recovering from mental health and addictions challenges. Clients who created the art, which tells their stories in a visual, visceral way, are available for interview.

An opening reception, including live jazz by The H-Duo and a harpist, will be held at ecoPDX on Friday, July 7th from 6pm – 9pm. Tickets are \$20 and go to benefit the art studio fund.

Tickets can be reserved by calling 503-552-6265, emailing events@cascadiabhc.org, or going to our website (www.cascadiabhc.org) and clicking on GIVE. Wine and light hors d'oeuvres will be served.

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